

Personal Medical Questionnaire

The answers you supply in this questionnaire will be treated in complete confidence. Any pre existing medical conditions should be divulged in order to enable us to respond appropriately in emergencies and also plan ahead and have the appropriate emergency medications on hand or identify the nearest appropriate facility which can manage your condition should it be necessary. The existence of a medical condition or injury will not necessarily preclude you from employment, providing it is currently being managed and will not affect the health and safety of you, the team, clients or patients during the operation/deployment

Full Name	Date of Birth	
Nationality	Gender	
Address		
Telephone number	Email address	
Next of Kin / Emergency Point of Contact (Name and address)		
NOK Telephone number and email address		
Physician / GP: Name and address		
Physician / GP: Telephone number and email address		
Blood Group		
Allergies		
Past Medical History (Details of any previous illness or injury)		
Past Surgical History (Details of any surgery)		



Current medical conditions	
(Please supply details of any current illness, disease or injury and how you	
manage it)	
Medications	
(Please supply details of any	
medication you are currently taking, including prescription medications,	
over the counter medications, herbal supplements or sports	
supplements/stimulants)	
Please supply details of any condition,	
whether physical or psychological,	
which may affect you whilst on the trip)	
Can you swim?	Yes / No
Do you have any special dietary	
requirements? Please give details and suggested alternatives	
Please provide details of your medical insurance provider:	
insurance provider:	
insurance provider: Policy number:	
insurance provider: Policy number:	



Vaccinations:	
Please provide details of your current	
in date vaccinations	
Which Malaria prophylaxis do you intend to take?	
Have you used this before and	
suffered any side effects? Please give details.	
What is the highest altitude you have travelled to?	
How did you perform at altitude?	
Did you suffer from:	
AMS (Headache, loss of appetite, difficulty sleeping, nausea and vomiting)?	
HAPE/Difficulty breathing?	
HACE?	
Please supply details of both the conditions you suffered, the treatment received and how you responded.	



Have you ever taken Acetazolamide/Diamox as prevention or treatment for altitude sickness? If yes, please provide details of any side effects you suffered.	
Have you flown in a helicopter before? If so, to what altitude.	
Did you suffer any ill effects? If so, please give details.	
Have you ever suffer from heat related illness? If so, please provide details.	